

**MASTER OF SCIENCE (NURSING) (2008 COURSE)**  
**First Year M.Sc. Nursing MENTAL HEALTH (PSYCHIATRIC) NURSING : SUMMER**  
**: 2024**  
**SUBJECT: CLINICAL SPECIALITY- I MENTAL HEALTH (PSYCHIATRIC)**  
**NURSING**

Day : Thursday  
Date : 11/07/2024

**S-3644-2024**

Time : 10:00 AM-01:00 PM  
Max. Marks : 75

N.B.:

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Write Section-I and Section-II in **SEPARATE** answer book.
- 4) Draw neat and labeled diagrams **WHEREVER** necessary.

**SECTION-I**

- Q.1** Write short notes on (ANY FOUR): (16)
- a) Therapeutic touch and massage
  - b) Antipsychotics
  - c) Phases of interpersonal relationship
  - d) Johari window
  - e) Pet therapy
  - f) Therapeutic community
- Q.2** Answer the following questions:
- a) Discuss the techniques of behavior therapy. (03)
  - b) Explain the development of self-esteem. (04)
  - c) Describe the role of psychometric assessment in mental illness. (04)
- Q.3**
- a) Explain critical pathways of care in mental health nursing. (03)
  - b) Discuss the role of family therapy in treating mental illness. (04)
  - c) Describe the components of mental status examination. (04)

**OR**

- a) What is the role of nurse in assertive training? (03)
- b) Discuss the role of endocrine glands in mental illness. (04)
- c) What are the therapeutic impasses and discuss its management. (04)

**SECTION-II**

- Q.4** Write short notes on (ANY THREE): (15)
- a) Stress and its physiological and psychological behavior
  - b) Role of neurotransmitter in mental illness
  - c) Standards of mental health nursing
  - d) Process recording
  - e) Multidisciplinary team in mental health nursing
  - f) Cognitive therapy
- Q.5** Answer the following questions:
- a) Discuss the national mental health program. (05)
  - b) Explain the mental health and mental illness continuum. (02)
  - c) Classify mental disorders as per ICD- X. (04)
- Q.6**
- a) What are the challenges and scope of mental health nursing? (03)
  - b) Discuss the expanded and extended role of mental health nurse. (03)
  - c) Explain Harry Stack Sullivan's theory of interpersonal relationship. (05)

**OR**

- a) Discuss chapter 3, 4, and 5 of mental health act. (04)
- b) What is the role of stimulants in mental illness? (04)
- c) What is ECT? Explain the role of a nurse during ECT. (03)