

**M. D. AYURVED PRELIMINARY (2017 COURSE): SUMMER- 2020**  
**SUBJECT: PAPER-II: SWASTHA VRITTA**

Day: *Wednesday*  
Date: *16-09-2020*

*S-2020-17991*

Time: *2:00PM-TO 5:00PM*  
Max. Marks: 100

**N.B.:**

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Draw neat labeled diagrams **WHEREVER** necessary.
- 5) Answers to both sections to written in **SEPARATE** answer books.

**SECTION-I**

- Q.1** Explain details of definition and dimensions of health and parameters for its evaluation as per World Health Organization. (15)
- Q.2** Write relevance of Dinacharya, Ratricharya and Ritucharya in health promotion and prevention of diseases in modern day scenario and different occupations. (15)
- Q.3** Write details of Ahara and Poshana as per Samhitas. (10)
- Q.4** Write short notes on (ANY TWO): (10)
- a) Ashtanga Yoga and its relation to health
  - b) Applied aspect of Pancha Mahabhutas in Nature Cure
  - c) Concept of Bala

**SECTION-II**

- Q.5** Explain Janapadoddhwamsa and measures of its prevention. (15)
- Q.6** Write principles of Epidemiology and its application. (15)
- Q.7** Describe the role of Swasthavritta and Yoga in prevention of communicable diseases. (10)
- Q.8** Write short notes on (ANY TWO): (10)
- a) Levels of disease prevention
  - b) Kriya Kala and its importance in disease prevention
  - c) Environmental health

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