

NARMADA - III (2009 COURSE) : April - May - 2014
SUBJECT : PANCHAKARMA

Day : Wednesday
Date : 07-05-2014

Time : 10.00 A.M. To 1.00 P.M
Max. Marks : 70

N. B. :

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Draw neat and labeled diagram **WHEREVER** necessary.

SECTION - I

- Q. 1 Describe Shalishashtika Pinda Sweda. (15)
- Q. 2 Describe Ashtou Mahadoshakar Varja Vishaya with their treatment. (10)
- Q. 3 Write short notes on **ANY TWO** of the following: (10)
- a) Write Shodhan, Shamana and Brimhana Snehana
 - b) Indications and contra indications of Vamana
 - c) Sneha 'Jirna - Ajirna' features.

SECTION - II

- Q. 4 Describe 'Basti Yantra' with its Vyapat. (15)
- Q. 5 Write Virechan indications and contrindications with causes. (10)
- Q. 6 Write short notes on **ANY TWO** of the following: (10)
- a) Navan Nasya
 - b) Classification of Raktamokshana
 - c) Explain physiological effects of heat

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P.T.O.

NARMADA - III (2009 COURSE) : April - May - 2014
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Time : —
Max. Marks : 10

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- 1) All questions are **COMPULSORY**.
- 2) You have to make \surd such kind of mark in the box of appropriate answer.
- 3) This question paper is self as an answer script, you have to return to the supervisor after 10 minutes.
- 4) There is no negative marking.

Seat No. _____

Total Marks Obtained _____

Jr. Supervisor's Signature _____

Signature of the examiner _____

Q. 1 Opposite treatment of Snehana is _____.

- a) Rukshana
- b) Swedana
- c) Brimhana
- d) Stambhana

Q. 2 _____ Basti - Netra is called Pushpanetra.

- a) Anuvasan
- b) Niruha
- c) Rasayan
- d) Uttar

Q. 3 There are _____ types of Lepa.

- a) 2
- b) 3
- c) 4
- d) 5

Q. 4 _____ sweda is included in Ekanga Sweda.

- a) Jentaka
- b) Prastara
- c) Nadi
- d) Bashpa

Q.5 _____ can be used as Avapida Nasya.

- a) Sneha
- b) Kwatha
- c) Kalka
- d) Rasaushadhi

Q.6 Collection of madanphal should done in _____ rutu.

- a) Grishma
- b) Hemant
- c) Varsha
- d) Sharad

Q.7 In Virechan Karma _____ is considered as Antiki Pariksha.

- a) Pittanta
- b) Purishanta
- c) Vatanta
- d) Kaphanta

Q.8 In Adhoga Raktapitta _____ treatment is contraindicated.

- a) Vaman
- b) Virechana
- c) Pichu
- d) Stambhan

Q.9 shringa is used for _____ Dushta Rakta.

- a) Vata
- b) Pitta
- c) Kapha
- d) Sannipatik

Q.10 Wand exercises are used for _____ joint movement.

- a) Shoulder
- b) Hip
- c) Knee

NARMADA - III (2009 COURSE) : OCT / NOV - 2013
SUBJECT : PANCHAKARMA

Day : *Saturday*
Date : *16-11-2013*

Time : *10.00 A.M. TO 1.00 P.M.*,
Max. Marks : 70

N. B. :

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Draw neat and labeled diagram **WHEREVER** necessary.

SECTION - I

- Q. 1** Write about the Prayojana of Panchakarma. (15)
- Q. 2** Describe 'Akshi Tarpan' Vidhi. (10)
- Q. 3** Write short notes on **ANY TWO** of the following: (10)
- a) Patrapottali Swedana
 - b) Shodhan Guna
 - c) Vaman Shuddhi Lakshan

SECTION - II

- Q. 4** Describe indications and contra-indications of Nasya with causes. (15)
- Q. 5** Describe Basti Netra Dosha. (10)
- Q. 6** Write short notes on **ANY TWO** of the following: (10)
- a) Kaval and Gandusha
 - b) Jalauka Sangrahan
 - c) Definition of physiotherapy, its modulation and rehabilitation

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(P.T.O)

NARMADA - III (2009 COURSE) : OCT / NOV - 2013
SUBJECT : PANCHAKARMA

Day : Saturday
Date : 16-11-2013

Time : _____
Max. Marks : 10

N. B. :

- 1) All questions are **COMPULSORY**.
- 2) You have to make \surd such kind of mark in the box of appropriate answer.
- 3) This question paper is self as an answer script, you have to return to the supervisor after 10 minutes.
- 4) There is no negative marking.

Seat No. _____

Total Marks Obtained _____

Jr. Supervisor's Signature _____

Signature of the examiner _____

Q. 1 Shodhan chikitsa is specifically indicated in _____ Avastha of Dosha.

- a) Bahu
- b) Madhya
- c) Heena
- d) Sama

Q. 2 Tila Taila is an example of _____ Sneha.

- a) Jangam
- b) Vamanopyogi
- c) Yamak
- d) Sthavar

Q. 3 Valuka Pottali Sweda is indicated in _____ .

- a) Sandhigata vata
- b) Amavata
- c) Grudhrasi
- d) Vishvachi

Q. 4 Vamak Aushodhi are _____ Mahabhuta dominant.

- a) Vayu-Agni
- b) Akash-Jala
- c) Jala - Prithvi
- d) Vayu-Prithvi

P. T. O.

Q. 5 Haritaki is an example of _____.

- a) Virechan
- b) Bhedan
- c) Anuloman
- d) Sransan

Q. 6 Dose of Matra - Basti is _____ Tola.

- a) 6
- b) 4
- c) 12
- d) 24

Q. 7 Dose of Pratimarsha Nasya is _____ Bindu.

- a) 4
- b) 6
- c) 2
- d) 8

Q. 8 The best Rutu for Raktamokshan is _____.

- a) Varsha
- b) Grishma
- c) Sharad
- d) Vasant

Q. 9 Alabu is used for _____ Dushta Rakta.

- a) Vata
- b) Pitta
- c) Kapha
- d) Sannipatik

Q.10 For mechanical assistive exercises _____ is used.

- a) Sonotherapy
- b) SWD

