

**F. Y. P. B. B. SC. (NURSING) : SUMMER - 2019**

**SUBJECT: NUTRITION AND DIETETICS**

Day: Thursday  
Date: 02/05/2019

**S-2019-4364**

Time: 10.00 A.M. TO 11.30 A.M.  
Max. Marks: 35

**N.B.:**

- 1) All questions are **COMPULSORY**.
- 2) Figures to the **RIGHT** indicate full marks.
- 3) Answers to both the sections should be written in **SEPARATE** answer book.

**SECTION-I**

**Q.1** Write short notes on any **FOUR** of the following: **(20)**

- a) I.C.D.S.
- b) Methods of cooking
- c) Breast feeding
- d) Water soluble vitamins
- e) Nutrition fortification
- f) Iron

**SECTION-II**

**Q.2** Answer any **ONE** of the following question:

- a) List the current nutrition problems in India. **(03)**
- b) Discuss national nutritional programmes in India **(05)**
- c) Discuss dietary management of underweight person. **(07)**

**OR**

- Q.2**
- a) Define therapeutic diet and discuss the types of therapeutic diet. **(05)**
  - b) Define RDA and discuss the limitations of RDA. **(04)**
  - c) What dietary modifications will you make while planning a diet for diabetic mellitus? **(06)**

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