

NARMADA – III (2009 COURSE): SUMMER – 2016
SUBJECT : PANCHAKARMA

Day : Saturday
Date : 07.05.2016

Time : —
Max. Marks : 10

N.B.:

- 1) All questions are **COMPULSORY**.
- 2) You have to mark such kind of mark in the box of appropriate answer.
- 3) This question paper itself is an answer script, you have to return to the Supervisor after **10** minutes.
- 4) There is no negative marking.

Seat No. _____

Total Marks Obtained _____

Jr. Supervisor's Signature _____

Signature of the Examiner _____

MCQs

- 1) _____ is contraindicated for Panchakarma treatment.
 - a) Prameha
 - b) Udara
 - c) Grahani
 - d) Urustambha
- 2) Snehanam Sneha Vishyandam Mardavam _____.
 - a) Kledakarakam
 - b) Vilayanam
 - c) Abhishyandanam
 - d) Shitaghnam
- 3) Avagaha Sweda is type of _____.
 - a) Ushma Sweda
 - b) Drava Sweda
 - c) Tapa Sweda
 - d) Upanaha Sweda
- 4) _____, _____, _____ vega are considered as Uttama, Madhyama and Hina Shuddhi of Vamana respectively.

NARMADA – III (2009 COURSE): SUMMER – 2016
SUBJECT : PANCHAKARMA

Day : *Saturday*
Date : *07-05-2016*

Time : *10.00 A.M. To 1.00 P.M.*
Max. Marks : 70

N.B.:

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Draw neat and labeled diagram **WHEREVER** necessary.
- 4) Answers to both the sections should be written in **SEPARATE** answer books.

SECTION – I

- Q.1** Explain Samyak, Ayoga, Atiyoga Lakshana of Swedana. [15]
- Q.2** Explain Sneha Bheda according to Karmuktva. [10]
- Q.3** Write short notes on **ANY TWO** of the following: [10]
- a) Madanaphala Sangrahana Vidhi
 - b) Panchakarma used in Dinacharya
 - c) Jimutaka

SECTION – II

- Q.4** Explain the Dosha of Basti Netra and Basti Putaka. [15]
- Q.5** Describe the complications of Virechana with the treatment in detail. [10]
- Q.6** Write short notes on **ANY TWO** of the following: [10]
- a) Pradhamana Nasya
 - b) Siravyadha Vidhi
 - c) IFT

- 5) Virechana is contraindicated in _____.
- a) Kushtha
 - b) Prameha
 - c) Pandu
 - d) Adhoga Raktapitta
- 6) Yapana Basti is a type of _____ Basti.
- a) Niruha
 - b) Madhu – Tailik
 - c) Anuvasana
 - d) Sneha
- 7) _____ Bindu is a dose of Pratimarsha Nasya.
- a) 4
 - b) 2
 - c) 6
 - d) 8
- 8) _____ is one of the treatment given for Atiyoga of Siravyadha.
- a) Sandhana
 - b) Brumhana
 - c) Swedana
 - d) Rukshana
- 9) _____ is indicated in the Pitta dominant diseases.
- a) Siravyadha
 - b) Pracchana
 - c) Shrunga
 - d) Jalaukavacharana
- 10) Paraffin wax therapy treatment is usually given for _____ minutes.
- a) 10
 - b) 20
 - c) 30
 - d) 40

NARMADA - III (2009 COURSE) : WINTER - 2016
SUBJECT : PANCHAKARMA

Day : Saturday
Date : 12/11/2016

Time : —
Max. Marks : 10

N. B. :

- 1) All questions are **COMPULSORY**.
- 2) You have to make ✓ such kind of mark in the box of appropriate answer.
- 3) This question paper is self as an answer script, you have to return to the supervisor after 10 minutes.
- 4) There is no negative marking.

Seat No. _____

Total Marks Obtained _____

Jr. Supervisor's Signature _____

Signature of the examiner _____

Q. 1 _____ Kalpa is used for Virechan treatment.

- a) Sutashekhar
- b) Icchabhedi
- c) Anandbhairava
- d) Vata vidhvansa

Q. 2 _____ Sharadi Patavyam |

- a) Sarpi
- b) Tailam
- c) Vasa
- d) Majja

Q. 3 _____ Rasa can be used as Vamanopag.

- a) Lavan
- b) Amla
- c) Kashay
- d) Katu

Q. 4 Mainly oil based basti are called _____.

- a) Anuyasan

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SUBJECT : PANCHAKARMA

Day : Saturday
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Time : 10.00 AM TO 01.00 PM
Max. Marks : 70

N. B. :

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Draw neat and labeled diagram **WHEREVER** necessary.

SECTION - I

- Q. 1** Describe Vamana Karma with Poorva, Pradhana and Paschat Karma. (15)
- Q. 2** Write about 'Samsarjana Krama'. (10)
- Q. 3** Write short notes on **ANY TWO** of the following: (10)
- a) Features of 'Bahudoshavastha'
 - b) Niragni Sweda
 - c) Shiro - Pichu

SECTION - II

- Q. 4** Describe Basti Vyapat and their management. (15)
- Q. 5** Write about Anulomana, Sramsana, Bhedana, Rechana Karma with examples. (10)
- Q. 6** Write short notes on **ANY TWO** of the following: (10)
- a) Classification of Nasya
 - b) Short Wave Diathermy (SWD)
 - c) Pracchana Karma

Q.5 _____ to Virechanaihi |

- a) Jwari
- b) Gulmi
- c) Kamali
- d) Raktapitti

Q.6 _____ type of Nasya can be followed in Dinacharya.

- a) Marsha
- b) Pratimarsha
- c) Shodhan
- d) Avapida

Q.7 _____ is used for Snigdha Sankara - Sweda.

- a) Loha - Pinda
- b) Waluka
- c) Tila
- d) Ashma

Q.8 _____ is useful for Pracchan Karma.

- a) Jalauka
- b) Shringa
- c) Alabu
- d) kutharika

Q.9 Hingu is _____ type of Nasya dravya.

- a) Twaka
- b) Kanda
- c) Niriyasa
- d) Phala

Q.10 Vertical suspension only is used for _____ of joint.

- a) Abduction
- b) Adduction
- c) ROM
- d) Internal rotation

NARMADA-IV (2012 COURSE): Winter-2016
SUBJECT: PANCHAKARMA

Day: Wednesday
Date: 09/11/2016

Time: —
Max. Marks: 10

N.B:

- 1) All questions are **COMPULSORY**.
- 2) You have make \surd such kind of mark in the box of appropriate answer.
- 3) This questions paper is self an answer script, you have to return to the supervisor after 10 minutes.
- 4) There is no negative marking.

M.C.Q.

Seat no: _____

Total Marks Obtained: _____

Jr. Supervisor's signature: _____

Signature of the Examiner: _____

Q.1 Digestion period of Uttama Matra of Sneha is _____ Yama.

- a) 2
- b) 4
- c) 6
- d) 8

Q.2 _____ Sweda is considered as a Ruksha Sweda.

- a) Shashtishali Pinda
- b) Bashpa
- c) Avagaha
- d) Valuka Pottali

Q.3 _____ Vegas are considered as Uttama Shodhana of Vamana.

- a) 4
- b) 6
- c) 8
- d) 10

Q.4 _____ is a Bhedana Dravya.

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Day: Wednesday
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Time: 10.00 AM TO 01.00 PM
Max. Marks: 70

N.B:

- 1) All questions are **COMPULSORY**.
- 2) Marks to the right indicate **FULL** marks.
- 3) Both the section should be written in **SEPARATE** answer sheets.
- 4) Draw neat diagrams **WHEREVER** necessary.

SECTION-I

- Q.1** Describe administration of Vamana in detail. (15)
- Q.2** Explain preparation and application of Shashtishali Pinda Sweda. (10)
- Q.3** Write short notes on: (ANY TWO) (10)
- a) Panchakarma according to Ritu
 - b) Sadya Sneha
 - c) Udvartana

SECTION-II

- Q.4** Explain Anuvasana Basti Vidhi with it's Vyapad. (15)
- Q.5** Explain Karmuktva of Nasya. (10)
- Q.6** Write short notes on: (ANY TWO) (10)
- a) Jalaukavacharana vidhi
 - b) Types of Virechana according to Sharangadhara
 - c) Infra-Red therapy

* * * * *

Q.5 Dose of Anuvasana Basti is _____ ml.

a) 60

b) 120

c) 240

d) 30

Q.6 In Avapidaka Nasya _____ is used.

a) Taila

b) Ghrita

c) Swarasa

d) Dhuma

Q.7 In Pitta dominant diseases _____ type of Raktamokshana is indicated.

a) Jalauka

b) Pracchana

c) Siravedha

d) Alabu

Q.8 Snehanam Sneha _____ Mardavam Kledakarakam.

a) Swedanam

b) Vishyandam

c) Kathinyam

d) Sarakam

Q.9 SWD is contraindicated in _____.

a) Carcinoma

b) Arthritis

c) Gout

d) Rheumatoid Arthritis.