

**EFFECT OF PLANNED TEACHING ON KNOWLEDGE AND
PRACTICES AMONG WOMEN DURING PERIMENOPAUSE
IN RELATION TO MANAGEMENT OF SELECTED
PHYSICAL COMPONENTS OF MENOPAUSE
AFFECTING HEALTH RELATED
QUALITY OF LIFE**

BY

MRS. PRABHA K. DASILA

GUIDE

DR. (MRS.) NAINA S. POTDAR

**A THESIS SUBMITTED TO THE BHARATI VIDYAPEETH
DEEMED UNIVERSITY AS REQUIREMENT FOR
DOCTORATE OF PHILOSOPHY IN NURSING**

AUGUST- 2010

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**A THESIS SUBMITTED FOR THE FULFILLMENT OF
DOCTORATE OF PHILOSOPHY IN NURSING
TO THE BHARATI VIDYAPEETH DEEMED
UNIVERSITY, FACULTY OF NURSING
PUNE
AUGUST- 2010**

Declaration

This is to certify that the thesis titled **“The effect of planned teaching on knowledge and practices among women during perimenopause in relation to management of selected physical components of menopause, affecting health related quality of life (HRQoL)”** submitted by me is my original work under the supervision of Dr. (Mrs.) Naina S. Potdar guide and expert, Bharati Vidyapeeth College of Nursing Research committee Pune. This research work has not been submitted earlier for an award of any degree or publication.

I further certify that whatever materials borrowed from other sources have been duly acknowledged. I shall be responsible and accountable for any plagiarism, if detected later.

Ms. Prabha K. Dasila

Certificate

This is to certify that that **Ms Prabha K. Dasila** has completed her thesis titled **“The effect of planned teaching on knowledge and practices among women during perimenopause in relation to management of selected physical components of menopause, affecting health related quality of life (HRQoL).”** under my guidance for the Ph. D. degree in Nursing at Bharati Vidyapeeth Deemed University, Pune.

I further certify that

- The work put in by Ms. Prabha K Dasila is her own effort.
- All information from secondary sources used in this thesis has been duly acknowledged.
- I have verified the authenticity of her work , field work and the personal discussions she has carried out with the respondent samples.
- She was regularly in touch with me and has completed the requirements of the university with three presentations made to the expert committee.

I recommend that the University may please accept her thesis.

Dr. (Mrs) Naina S. Potdar

Ph. D. Guide

Certificate

This is to certify that the work presented in this thesis titled **“The effect of planned teaching on knowledge and practices among women during perim enopause in relation to management of selected physical components of menopause , affecting health related quality of life (HRQoL).”** for the degree of doctor of philosophy in nursing has been carried out by **Mrs. Prabha K. Dasila** in the laboratories of Bharati Vidyapeeth Deemed University College of Nursing, Pune under the guidance of Dr.(Mrs) Naina S. Potdar Guide and Expert, Bharati Vidyapeeth College of Nursing Research Committee Pune.

Dr (Mrs) Tapati Battacharjee
Principal
College of Nursing,
Bharati Vidyapeeth Deemed University,
Pune

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