



“STUDY OF CONCEPT OF DHĀTU SĀRATĀ AND ITS CORRELATION  
WITH ERGOGRAPHY”

A THESIS SUBMITTED TO  
BHARATI VIDYAPEETH UNIVERSITY, PUNE  
FOR AWARD OF DEGREE OF  
DOCTOR OF PHILOSOPHY IN KRIYĀ ŚĀRĪRA  
UNDER THE FACULTY OF ĀYURVED

SUBMITTED BY  
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UNDER THE GUIDANCE OF  
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COLLEGE OF AYURVED, PUNE. 411043.

APRIL 2015

## **CERTIFICATE**

This is to certify that the work incorporated in the thesis entitled “**Study of concept of Dhātu Sāratā and its correlation with Ergography**” for the degree of ‘Doctor of Philosophy’ in the subject of **Kriyā Śarīra** under the faculty of **Āyurved** has been carried out by **Dr.Umesh Shivajirao Ghate** in the Department of **Kriyā Śarīra** at Bharati Vidyapeeth Deemed University, **College of Āyurved**, Pune during the period from **November 2011** to **April 2015** under the guidance of **Dr.Mrs.Kavita V. Indapurkar**.

Place: Pune

(Signature of Head of the Institute with seal)

Date:

Principal / Director

Seal

## **CERTIFICATION OF GUIDE**

This is to certify that the work incorporated in the thesis entitled **“Study of concept of Dhātu Sāratā and its correlation with Ergography”** Submitted by **Dr.Umesh Shivajirao Ghate** for the degree of ‘Doctor of Philosophy’ in the subject of **Kriyā Śarīra** under the faculty of **Āyurved** has been carried out in the Department of **Kriyā Śarīra**, Bharati Vidyapeeth’s **College of Āyurved**, Pune during the period from **November 2011** to **April 2015**, under my direct supervision/ guidance.

Place: Pune

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## **DECLARATION BY THE CANDIDATE**

I hereby declare that the thesis entitled “**Study of concept of Dhātu Sāratā and its correlation with Ergography**” submitted by me to the Bharati Vidyapeeth University, Pune for the degree of Doctor of Philosophy (Ph.D.) in **Kriyā Śarīra** under the **Āyurved** faculty is original piece of work carried out by me under the supervision of **Dr. Mrs. Kavita V. Indapurkar**.

I further declare that it has not been submitted to this or any other university or Institution for the award of any degree or Diploma.

I also confirm that all the material which I have borrowed from other sources and incorporated in this thesis is duly acknowledged. If any material is not duly acknowledged and found incorporated in this thesis, it is entirely my responsibility. I am fully aware of the implications of any such act which might have been committed by me advertently or inadvertently.

Place :

Name & signature of Research Student

Date :     /     /

**Dr.Umesh Shivajirao Ghate**

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नमामि धन्वन्तरिम् आदिदेवम् सुरासुरैः वन्दितपादपदम् ।

लोके जरारुक्भयमृत्युनाशनम् धातारमीशं विविधौषधीनाम् ॥

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## **ABBREVIATION**

च. सू. – Caraka Samhitā Sutrasthāna

च. वि. – Caraka Samhitā Vimansthāna

च .चि - Caraka Samhitā Cikitsasthāna

सु. सू. – Suśruta Samhitā Sutrasthāna

सु. शा. – Suśruta Samhitā Śārīrasthāna

सु. उ. – Suśruta Samhitā Uttarsthāna

अ.सं.शा. – Aṣṭāṅga Samgraha Śārīrasthāna

अ. सं .सू. – Aṣṭāṅga Samgraha Sutrasthāna

अ. ह. सू. - Aṣṭāṅga Hṛdaya Sutrasthāna

अ. ह. शा. - Aṣṭāṅga Hṛdaya Śārīrasthāna

का.सं.सू. - Kāśyapa Samhitā Sutrasthāna

**KEYS FOR TRANSLATION**

अ – a	औ – au	ज – ja	द – da	ल - la
आ - ā	अं – am	झ – jha	ध – dha	व - va
इ - i	अः – h	ञ – ña	न – na	श - śa
ई – ī	क – ka	ट – ṭa	प – pa	ष - ṣa
उ – u	ख - kha	ठ – ṭha	फ – pha	स - sa
ऊ – ū	ग – ga	ड – da	ब – ba	ह - ha
ऋ – ṛ	घ - gha	ढ – dha	भ – bha	ळ - ḷa
ए – e	ङ - ṇa	ण - ṇa	म – ma	क्ष - kṣa
ऐ – ai	च - ca	त – ta	य – ya	त्र - tra
ओ - o	छ - cha	थ – tha	र – ra	ज्ञ - jña