

BACHELOR OF SCIENCE (NURSING) (CBCS-2007 COURSE)
T.Y. B.SC. (NURSING) :SUMMER : 2023
SUBJECT : MENTAL HEALTH NURSING

Day : Friday

Time : 10:00 AM-01:00 PM

Date : 18-08-2023

S-996-2023

Max. Marks : 75

N.B.

- 1) All questions are **COMPULSORY**.
 - 2) Figures to the right indicate **FULL** marks.
 - 3) Answer to both the section should be written in **SEPARATE** answer book
-

SECTION-I

- Q.1** Write a short notes on **ANY FIVE** of the following: **(2X5)=10**
- a) Define Mental Health
 - b) Define Ablutomania
 - c) Define circumstantiality
 - d) Enlist eight types of defense mechanism
 - e) Define covert sensitization
 - f) List barriers of non-verbal communication
 - g) Define ecophrexia and ecolalia
- Q.2** Write a short answers on **ANY FOUR** of the following: **(4X4)=16**
- a) Mental health act 1987
 - b) Group therapy
 - c) MMSE
 - d) Lithium carbonate
 - e) Describe types of ECT and mechanism
 - f) List sign and symptom of depression
- Q.3** Long answer question **ANY ONE** of the following: **(1X12)=12**
- a) Define Mania **(02)**
 - b) Discuss sign and symptoms of mania **(04)**
 - c) Describe in detail the role of nurse in Mania with ecstasy **(06)**
- OR**
- a) Define schizophrenia **(02)**
 - b) Discuss first rank symptoms of schizophrenia **(04)**
 - c) Describe the role of nurse in catatonic schizophrenia **(06)**
- (P.T.O.)
-

SECTION-II

- Q.4** Write a short notes on **ANY FIVE** of the following: **(2X5)=10**
- a) Define generalized anxiety disorder
 - b) Define paranoid personality disorder
 - c) Define anorexia nervosa
 - d) Define attention deficit hyperactive disorder
 - e) Define delirium
 - f) Define psychiatric rehabilitation
 - g) Define grief
- Q.5** Write a short notes on **ANY FOUR** of the following: **(4X4)=16**
- a) Classification of mental retardation
 - b) Stress adaptation model
 - c) Explain types of crisis
 - d) Technique of counselling
 - e) National mental health program
 - f) Goals of community mental health nursing
- Q.6** Write a long answer on **ANY ONE** of the following: **(1X11)=11**
- a) Define OCD **(02)**
 - b) Explain the clinical features of OCD **(04)**
 - c) Discuss in detail treatment of an OCD patient **(05)**
- OR**
- a) Define alcohol dependence syndrome **(02)**
 - b) What are the alcohol induced psychiatric disorders **(04)**
 - c) Discuss in detail the preventive measures of substance use disorder **(05)**

* * * * *

BACHELOR OF SCIENCE (NURSING) (2007 COURSE)
T. Y. B. Sc. (Nursing) : SUMMER : 2022
SUBJECT: MENTAL HEALTH NURSING PAPER-I

Day : Saturday
Date 23-Apr-2022

S-996-1-2022

Time : 10:00 AM-01:00 PM
Max. Marks: 75

N.B.:

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Answers to both the sections should be written in **SEPARATE** answer book.

SECTION-I

- Q.1** Write short notes on **ANY FIVE** of the following: [5 x 2] **[10]**
- a) Cognitive functions Assessment in MSE
 - b) Anti-Psychotic Drugs
 - c) Drugs used in Electro Convulsive Therapy
 - d) Phobia
 - e) Delusion
 - f) Systemic Desensitization
 - g) Kurt Schneider-First Rank Symptoms
- Q.2** Short Answer Questions (**ANY FOUR**) : [4 x 4] **[16]**
- a) National Mental Health Program.
 - b) Therapeutic Impasses.
 - c) Management of Dementia.
 - d) Role of Nurse in Suicide Prevention.
 - e) Psychiatric disorders due to Alcoholism.
 - f) Differentiate between Mental Health and Mental Illness
 - g) Differentiate between ICD-10 and DSM-IVR
- Q.3** Long Answer Questions (**ANY ONE**) : **[12]**
- a) Define therapeutic Nurse-Patient Relationship. **[02]**
 - b) Explain phases of Therapeutic Relationship. **[05]**
 - c) Describe different Techniques of Therapeutic Communication. **[05]**

OR

- a) Define the term Bipolar Mood Disorder. **[02]**
- b) List the causes and symptoms of Mania. **[05]**
- c) Write the management of patient with Mania. **[05]**

P.T.O.

SECTION-II

Q.4 Write short notes on **ANY FIVE** of the following: [5 x 2] [10]

- a) Anorexia Nervosa
- b) Tangentiality
- c) Difference between Epileptic Convulsion and Neurotic Convulsion
- d) Clang association
- e) Classification of Anti-Anxiety Drugs
- f) Occupation Therapy
- g) Define dissociative Fugue

Q.5 Write short notes on **ANY FOUR** of the following: [4 x 4] [16]

- a) Qualities of Psychiatric Nurse
- b) Admission procedure of psychiatric Patient into Psychiatric Unit
- c) Grades of Insight
- d) Sexual Disorders
- e) Johari Window
- f) Obsessive Compulsive Neurosis

Q.6 Long Answer Questions (**ANY ONE**): [11]

- a) Define Schizophrenia [03]
- b) List down the types of schizophrenia and clinical features of Paranoid Schizophrenia [04]
- c) Discuss the nursing management of Patient with Paranoid Schizophrenia [04]

OR

- Q.6**
- a) Define Anxiety Neurosis [02]
 - b) What are the symptoms and signs of Anxiety Neurosis [04]
 - c) Discuss the management of Anxiety Neurosis [05]

* * * * *

T.Y. B.Sc. (NURSING) (2007 COURSE) : SUMMER - 2021
SUBJECT : MENTAL HEALTH NURSING

Day : **Thursday**
Date : **10-06-2021** **S-2021-996**

Time : **10:00AM-TO1:00P.M.**
Max. Marks : 75

N.B.

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Answers to both the sections should be written in **SEPARATE** answer book.

SECTION - I

- Q.1** Write short notes on **ANY FIVE** of the following: **(2x5=10)**
- a) What is mean by Wernicke-Korsakoff syndrome?
 - b) Write down the types of communication.
 - c) Write down any 4 characteristics of mentally healthy person.
 - d) Define neologism.
 - e) What is mean by token economy?
 - f) List down the signs and symptoms of Lithium toxicity.
 - g) Define OCD.
- Q.2** Write shorts answers on any **FOUR** of the following: **(4x4=16)**
- a) Difference between epileptic seizure and pseudo seizures.
 - b) Principles of Psychiatric Nursing
 - c) Bleuler's four A's
 - d) Symptoms of Hypomania.
 - e) Phobia.
 - f) Lithium Carbonate.
- Q.3** Long Answer Questions: **(12)**
- a) Define Dysthymia **(02)**
 - b) Explain the causes of Depression **(04)**
 - c) Describe the nursing management for Severe Depression patient. **(06)**
- OR**
- a) Define Therapeutic Community **(02)**
 - b) Write down the role of a nurse in administration of Psychotropic drugs. **(05)**
 - c) Explain the role of a nurse in post E.C.T. management **(05)**

SECTION - II

- Q.4** - Write short notes on **ANY FIVE** of the following: **(2x5=10)**
- a) Define term Intoxication
 - b) Classify Sexual Disorders
 - c) Define Mental Retardation
 - d) Treatment modalities for Delirium
 - e) Four principles of Crisis intervention
 - f) Mc Naughton Rule.
 - g) Aims and Objectives of National Mental Health Programme.

P.T.O.

- Q.5** Write short answer questions on any **FOUR** of the following: **(4x4=16)**
- a) Anorexia Nervosa
 - b) Nursing Assessment of patient with substance dependence
 - c) Paraphilia
 - d) Clinical features of Autism
 - e) Etiology of Dementia
 - c) Narcotic Drugs and Psychotropic Substance Act(NDPSA)

- Q.6** Long Answer Questions: **(11)**
- a) Define Stress **(02)**
 - b) Explain briefly Stress Cycle. **(04)**
 - c) Describe stress management **(05)**

OR

- a) Define Crisis **(02)**
- b) Explain the types of Crisis **(04)**
- c) Enumerate the principles and techniques of Crisis Intervention. **(05)**

* * *

100621-m-con-pune

Day : Thursday

Date : 03-12-2020

S-2020-996

Time 1:00 P.M. TO 4:00 P.M

Max.Marks:75

N.B.

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Answer to both the section should be written in **SEPARATE** answer book

SECTION-I

Q.1 Write a short notes on **ANY FIVE** of the following: **(2X5)=10**

- a) Define Mental illness
- b) Define confabulation
- c) Write the meaning of Obsession and compulsion
- d) Define Defense mechanism
- e) Token economy
- f) List cardinal signs of Mania
- g) List barriers of verbal communication

Q.2 Write a short answers on **ANY FOUR** of the following: **(4X4)=16**

- a) Mental health team
- b) Classification of mental disorder as per ICD/10
- c) Individual therapy
- d) Principles of Mental health nursing
- e) Carbamazepine
- f) Phases of nurse - patient relationship

Q.3 Long answer question **ANY ONE** of the following: **(1X12)=12**

- a) Define ECT **(02)**
- b) Discuss mechanism of ECT **(04)**
- c) Role of nurse in details of pre, intra and post care of ECT **(06)**

OR

- a) Define schizophrenia **(02)**
- b) Discuss positive symptoms of schizophrenia **(04)**
- c) Describe the role of nurse in paranoid schizophrenia **(06)**

(P.T.O.)

SECTION-II

Q.4 Write a short notes on **ANY FIVE** of the following: **(2X5)=10**

- a) Define panic disorder
- b) Write the meaning of Korsakoff's syndrome
- c) CAGE questionnaire
- d) Define Histrionic personality disorder
- e) Define Bulimia nervosa
- f) Write the meaning of Half way home
- g) Define conversion disorder

Q.5 Write a short notes on **ANY FOUR** of the following: **(4X4)=16**

- a) Explain the types of phobia
- b) Explain the clinical features of dissociative disorder
- c) Theories of Grief
- d) Technique of crisis intervention
- e) Discharge procedure of a mentally ill person
- f) Principles of counselling

Q.6 Write a long answer on **ANY ONE** of the following: **(1X11)=11**

- a) Define Mental Retardation? **(02)**
- b) Write in detail the etiological factors of mental retardation **(04)**
- c) Discuss in detail the preventive aspect of mental retarded children. **(05)**

OR

- a) Define dementia? **(02)**
- b) Write in detail the stages of dementia **(04)**
- c) Discuss in detail the treatment modalities of Alzheimer's disease **(05)**

* * * * *

T.Y. B.SC. (NURSING) (2007 COURSE) : SUMMER - 2019

SUBJECT : MENTAL HEALTH NURSING

Day : Friday
Date : 19/04/2019

S-2019-4334

Time : 10.00 A.M. TO 01.00 P.M.
Max. Marks : 75

N.B.

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Answers to both the sections should be written in **SEPARATE** answer book.

SECTION – I

- Q.1** Write short notes on **ANY FIVE** of the following: **(2x5=10)**
- a) What is mean by Sundowner's Syndrome
 - b) Write down the types of Delusion
 - c) Methods of Assessment in Psychiatry.
 - d) Write the goal of Therapeutic Nurse patient Relationship.
 - e) List down the types of Hallucinations
 - f) Define Catatonic Stupor
 - g) What is mean by Neologism?
- Q.2** Write shorts answers on any **FOUR** of the following: **(4x4=16)**
- a) Functions of Psychiatric nurse in various settings.
 - b) Five Axes of D.S.M.IV TR
 - c) Process Recording
 - d) Schneider's First rank symptoms of Schizophrenia
 - e) Carbamazepine
 - f) Clinical features of an Acute Manic patient.
- Q.3** Long Answer Questions: **(12)**
- a) Define O.C.D. **(02)**
 - b) Write down signs symptoms of O.C.D. **(04)**
 - c) Describe the nursing management of O.C.D. **(06)**
- a) What are the components of Mental Health? **(02)**
 - b) Write down the scope of Psychiatric Nursing. **(05)**
 - c) List down characteristics of Mentally Healthy Person. **(05)**

SECTION – II

- Q.4** Write short notes on **ANY FIVE** of the following: **(2x5=10)**
- a) Name various routes of using Brown Sugar.
 - b) Define Bulimia Nervosa.
 - c) What do you mean by Detoxification?
 - d) Define Autism.
 - e) Write four principles of Counselling
 - f) Illustrate the concept of Tolerance.
 - g) Define Gender Identity Disorder.

P.T.O.

- Q.5** Write short answer questions on any **FOUR** of the following: **(4x4=16)**
- a) Models of Prevention in Psychiatry
 - * b) Psychiatric Rehabilitation
 - c) Kubler Ross Theory of Grieving Process
 - d) Treatment of Alcohol Dependence.
 - e) Clinical Features of Delirium
 - c) Antisocial Personality Disorder.

- Q.6** Long Answer Questions: **(11)**
- a) Define Dependence **(02)**
 - b) Write clinical features of intoxication and withdrawal of Opioids. **(04)**
 - c) Write nursing care plan for patient with Alcohol Dependence. **(05)**

OR

- a) Write objectives of National Mental Health Programme. **(02)**
- * b) Explain the components of National Mental Health Programme **(03)**
- c) Write the roles and responsibilities of Community Health Nurse. **(06)**

* * *

190419-m-nursing-pune

T.Y. B.SC. (NURSING) (2007 COURSE) : SUMMER - 2018

SUBJECT – MENTAL HEALTH NURSING

Day : **Friday**
Date : **20/04/2018**

Time : **10.00 AM TO 01.00 PM**
Max. Marks: 15

S-2018-3868

N. B.:

- 1) Put a $\sqrt{\quad}$ in the appropriate box below the question number once only
- 2) Use blue / black ball point pen only.
- 3) Each question carries ONE mark.
- 4) Student will not be allotted marks if he/she overwrites strikes or puts white ink on the cross once marked.

Seat No: _____

Total marks Obtained: _____

Jr. Supervisor Sign: _____

Examiner Sign: _____

SECTION - A

- 1) Verbal stripping from one ideas to another is
 - a) Flooding
 - b) Flight of ideas
 - c) Apathy
 - d) Plentiocity

- 2) Involuntary production of abnormal sound
 - a) Aboitment
 - b) Ablutomania
 - c) Agnosia
 - d) Acrophobia

- 3) Very severe elevation of mood is known as
 - a) Euthymia
 - b) Euphoria
 - c) Ecstasy
 - d) Elation

- 4) Psychiatric nursing for male nurses was started in the year
 - a) 1984
 - b) 1843
 - c) 1943
 - d) 1934

- 5) Asylum means
 - a) Mentally ill client
 - b) Criminal lunatics
 - c) Mental Hospital
 - d) Prison

- 6) Which of the following is associated with Freud
 - a) Conditional response
 - b) Collective reinforcement
 - c) Free association
 - d) Inferiority complex

- 7) Which of the following is not a maladaptive behaviour
 - a) Self destruction
 - b) Suicide
 - c) Self enhancement
 - d) Self injury

- 8) Termites are
- a) Autistic Children
 - b) Mentally gifted children
 - c) Mentally retarded children
 - d) Deaf mute children
- 9) The term truancy in child psychiatry refers to
- a) Nail biting
 - b) Juvenile delinquency
 - c) Assault
 - d) Running away from school or home
- 10) Child's unique style of approaching people and situation refers to
- a) Personality
 - b) Temperament
 - c) Mobility
 - d) Intelligence
- 11) Which is the right about the hysterical dissociation
- a) Hallucination
 - b) Multiple personality
 - c) Broken ego boundaries
 - d) Delusion
- 12) In Neuroleptic malignant syndrome, hyperthermia occurs in the range of
- a) 103 – 105⁰ F
 - b) 101 – 103⁰ F
 - c) 102 – 104⁰ F
 - d) 100 – 103⁰ F
- 13) The commonest post- operative psychiatric condition is:
- a) Delirium
 - b) Schizophrenia
 - c) Depression
 - d) Phobia
- 14) Adapting parenting role is major task of which stages of family lifecycle
- a) Launching children
 - b) Family with young children
 - c) Family with adolescence
 - d) Family of origin experience
- 15) Which is not part of the rehabilitation plan of the mentally ill patients
- a) Regular medication
 - b) Specialized training for vocation
 - c) Avoiding crises support
 - d) Skill training

* * * *

N.B.:

- 1) All questions are **COMPULSORY**.
- 2) Figure to the right indicates **FULL** marks.
- 3) Answer to the both sections should be written in **SEPARATE** answer books.
- 4) Draw neat and labeled diagrams **WHEREVER** necessary.

SECTION - B

- Q.1** Write any short notes on **ANY FIVE** of the following **(15)**
- a) Crisis intervention
 - b) Difference between mental health and mental illness
 - c) Difference between Anorexia nervosa and bulimia nervosa
 - d) Difference between hysterical fits and epileptic fits
 - e) Difference between obsession and compulsion
 - f) Defense mechanisms
 - g) Role and functions of mental health Nurse
- Q.2.** Long answers **ANY ONE** **(15)**
- A**
- i) Define Dissociative disorder **(02)**
 - ii) Enlist the type of dissociative disorder **(05)**
 - iii) Role of nurse in dissociative disorders **(08)**

OR

- B**
- i) Enlist community health services **(02)**
 - ii) Describe National Mental health Programme **(05)**
 - iii) Discuss the levels of prevention in community psychiatric Nursing **(08)**

SECTION - C

- Q.1** Write any short notes on **ANY FIVE** of the following **(15)**
- a) Rape trauma syndrome
 - b) Mc Naughtan rules
 - c) Describe types of personality disorder
 - d) Mental health team
 - e) Classification of Mental disorders as per ICD 10
 - f) Lithium carbonate
 - g) Milieu therapy
- Q.2.** Long answers **ANY ONE** **(15)**
- A**
- i) Define ADHD **(02)**
 - ii) Enlist the types of ADHD **(05)**
 - iii) Discuss the role of nurse in ADHD **(08)**

OR

- B**
- i) Define Delirium **(02)**
 - ii) Enlist the cause of delirium **(05)**
 - iii) Discuss the role of nurse in delirium **(08)**

SHARAYU – III (2007 COURSE): SUMMER-2017
SUBJECT: MENTAL HEALTH NURSING

Day : Friday
Date : 21/04/2017

Time : 01.00 P.M. TO 04.00 P.M.
Max. Marks: 60

N. B. :

- 1) All questions are **COMPULSORY**.
- 2) Figures to the right indicate **FULL** marks.
- 3) Answer to the both sections should be written in **SEPARATE** answer books.
- 4) Draw neat and labelled diagram **WHEREVER** necessary.

SECTION – II

Q.1 Write short notes on **ANY FIVE** of the following : **(15)**

- a) Defense mechanisms.
- b) Role and responsibilities of nurse in psychological test.
- c) Dance therapy
- d) Types of schizophrenia.
- e) Rehabilitation for patient with mania.
- f) Functions of mental health nurse.
- g) Difference between epileptic seizures and dissociative convulsions.

Q.2 Long question : **ANY ONE**

- a) Define therapeutic communication. **(02)**
- b) Explain ethics in therapeutic relationship **(06)**
- c) Discuss the in detail about phases of therapeutic relationship. **(07)**

OR

- a) Define psychotherapy. **(02)**
- b) Explain the types of psychotherapy. **(06)**
- c) Discuss about cognitive therapy. **(07)**

SECTION - III

Q.3 Write short notes on **ANY FIVE** of the following : **(15)**

- a) Etiology of substance abuse.
- b) Borderline personality disorder
- c) Classification of mental retardation
- d) Stages of dementia
- e) Techniques of counseling
- f) Types of admission
- g) Management of the patient with bulimia nervosa

Q.4 Write questions on **ANY ONE** of the following :

- a) Define stress. **(02)**
- b) Explain about any one of stress adaptation model. **(07)**
- c) Describe about coping mechanisms. **(06)**

OR

- a) Define community mental health nursing. **(02)**
- b) Discuss about institutionalization versus deinstitutionalization **(07)**
- c) Explain in detail about levels of prevention. **(06)**

* * *